



NATIONAL REGISTER
OF HEALTH SERVICE PSYCHOLOGISTS

Nuts and Bolts of Establishing an Integrated Care Service

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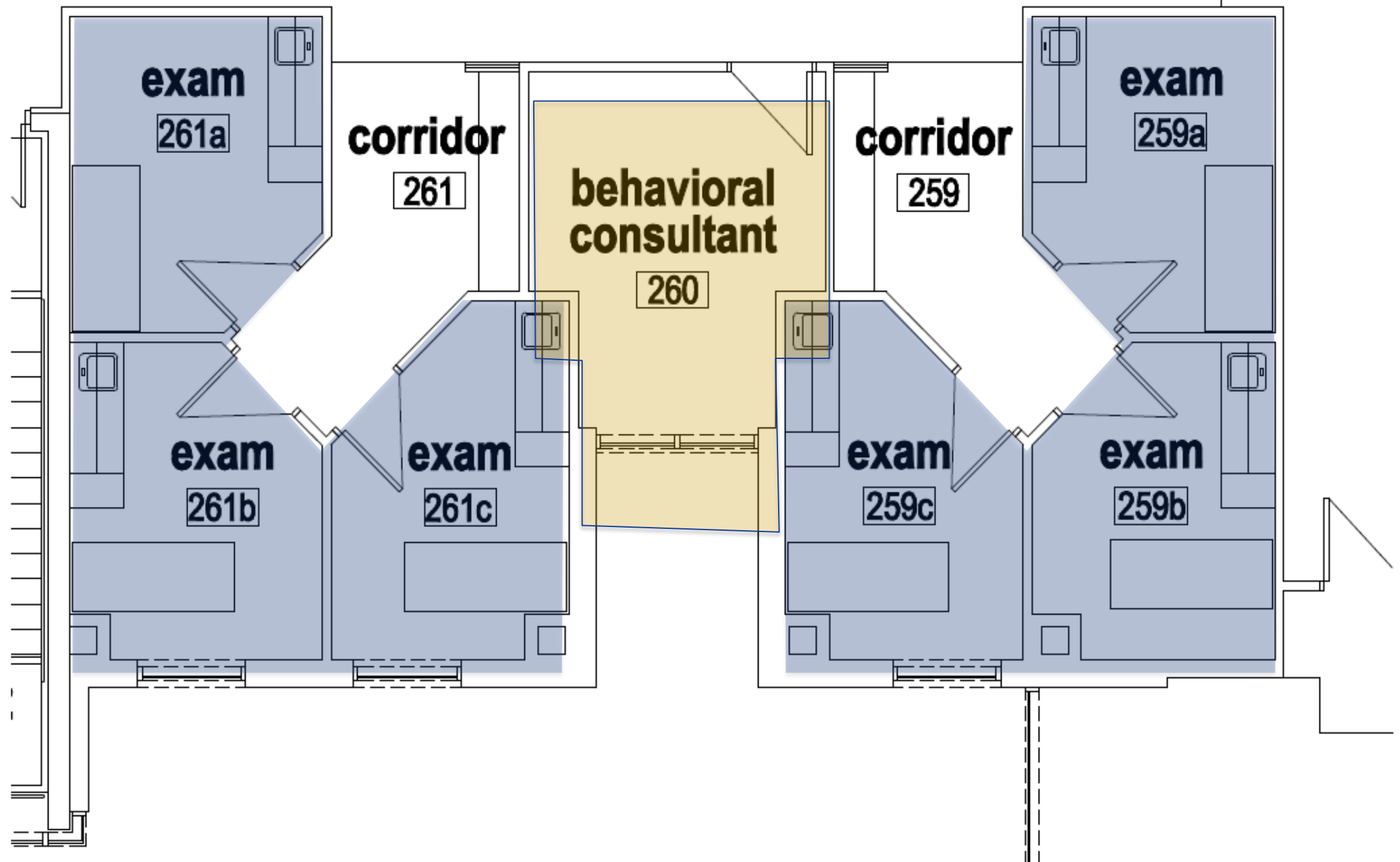
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Who's In Charge?

- Problems with **mental health management**
 - **Lack of familiarity** with PCPs
 - Tends to encourage **C&L or co-location**
 - Psychiatric management often leads to **collaborative care**
- **So what administrative line?**
 - A single PC service
 - Multiple services

Who Should You Hire?

Where Are You Located?



Don't be separated!

Establishing Staff Relationships

- Providers
- Medical assistants
- Clerical staff
- Looking for champions

Shadowing

Maintaining Staff Relationships

Screening

Behavioral Health – List of questions

Personal Information

Your Name: _____

Write your number: _____

Circle your color: Red Blue

Are you experiencing any of the following problems?

- Problems with stress or your mood
- Family problems
- Violence in the home
- Problems with drugs or alcohol
- Sleep problems
- Having problems stopping smoking tobacco
- Lack of exercise affecting your health
- Poor diet affecting your health
- Finding it hard to take your medications as they were prescribed

Salud Conductual - Listado de preguntas

Información personal

Nombre: _____

Escriba su numero: _____

Circule el color que aplica: Rojo Azul

¿Se habla inglés? ___Si ___No

¿Usted está experimentando cualquiera de los siguientes problemas?

___ ¿ Problemas de estrés o su estado de ánimo?

___ ¿Problemas familiares?

___ ¿Violencia en el hogar?

___ ¿Problemas con drogas o alcohol?

___ ¿Problemas para conciliar el sueño?

___ ¿Tienes problemas para dejar de fumar?

___ ¿Le gustaría hacer ejercicio pero le ha dado problemas comenzar?

___ ¿Tienes problemas en mejorar de su nutrición?

___ ¿Tienes problemas siguiendo al pie de la letra sus recetas médicas?

Time and Motion Studies

The Problem of Payment

- **A 2011 survey** of behavioral health/primary care integration sites indicated:
 - **78%** of were funding them in part with grants
 - **Only 21%** of costs were covered by revenue
 - Some were **covering costs internally**

Colorado Health Foundation. (March 2012). *The Colorado Blueprint for Promoting Integrated Care Sustainability* (Denver, CO: Colorado Health Foundation).

- **Work with insurers!**
 - Cost offset
 - Horizontal vs vertical integration
 - Quality of life
- **Encounter code T1015**
 - All-inclusive clinic visit
 - Meant for bundled payment
 - Currently, some plans specifically prohibit behavioral health

The Challenges and Rewards



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